

# How to be an Active Bystander



Recognize the harmful situation.



Interpret the problem as being your responsibility.



Take action using one of these methods:



## Direct

Stand directly in between the two.

"Hey, leave them alone!"

"Get away from her!  
We're leaving!"



## Distract

'Accidentally' spill your drink.

"Hey, your car is being towed!"

"Hey, your friend is throwing up. You should go help him."



## Delegate

Find someone else to stop the situation.

Talk to the host or bouncer.

Bring multiple friends to confront the situation as a group.